HSU Course Outline

Mental Health Supervisor: Ethics of Supervision

MH50104

6 weeks

Description
This in-depth 6-week online course explores ethical, legal, and clinical aspects of supervision and consultation for mental health staff. It addresses theoretical orientations and models and includes creative and realistic vignettes that provide for an excellent tutorial for neophyte and experience supervisor alike. The course will help minimize risk while maximizing the richness of the supervisory experience for all involved.

Prerequisites
● none

Who Should Take This Course?
This course is designed for mental health supervisors. Center management, Directors and staff responsible for managing mental health services will also benefit from this course. All Head Start staff will benefit from this course.

Objectives
✓ Understand the Ethical Practice of Supervision and Consultation
✓ Learn about Ethical Practice Standards for Supervision
✓ Learn about Psychotherapy-Based Models of Supervision: Ethical Challenges
✓ Respond using Developmental Models of Supervision
✓ Setting Boundaries and Multiple Relationships
✓ Getting Informed Consent to Supervision
✓ Understanding Consultation and Supervision Groups
✓ Mandated Supervision: Ethical Challenges
✓ Documentation of Supervision and Consultation

Outline

Ethical Practice of Supervision and Consultation
- Defining Supervision and Consultation
- Intersection of Supervision and Consultation with Ethics
- Why Integrated Ethics Into Supervision and Consultation Curricula?

Ethical Practice Standards for Supervision and Consultation
- Psychology Professional Associations: Ethics Codes
- Counseling Professional Associations: Ethics Codes

Psychotherapy-Based Models of Supervision: Ethical Challenges
- Behavior Supervision
- Ethical Consideration in Behavioral Supervision
- Ethical Consideration in Cognitive-Behavioral Therapy Supervision
- Ethical Consideration in Systemic Supervision
- Ethical Consideration in Psychoanalytic Supervision

Developmental Models of Supervision
- Integrated/Integrative Developmental Models of Supervision

Ethical Challenges for Supervisors

Boundaries and Multiple Relationships
- Ethical Standards
- Power and Influence Supervision and Consultation
- Nature of Boundaries and Boundary Violations
- Roles of Supervisor and Consultants
- The Relationship between Roles and Boundaries
- Ethical Standards Regarding Sexual Contact in Supervision

Informed Consent to Supervision and Consultation
- Applicability of Informed Consent to Supervision
- Informed Consent and the Mitigation of Problems
- Informed Consent with Ethical Standards and Guidelines

Supervision Contracts

Consultation and Supervision Groups
- Distinctions between Consultation and Supervision Groups
- The Function and Utility of Group Supervision
- The Function and Utility of Consultation Groups
- Strategies for Forming a Consultation Group