

HSU Course Outline

Managing Mental Health Services: Promoting Social Emotional Health in Head Start children

ED111v.1

6 weeks

Description

This in-depth 6 week online course will help you improve Head Start children's outcomes by building concrete connections between mental health and medical, educational and social services. You will learn to make the most of powerful, complex links between social-emotional health and school readiness. The course will help you infuse mental health services and support, understand and implement successful, integrated service systems, evaluate program effectiveness, learn about state and local programs, implement prevention and intervention strategies and encourage resilience in children and families.

Prerequisites

- none

Who Should Take This Course?

This course is designed for all education staff. It is most beneficial to Head Start teachers, teacher aides, parents, volunteers and education managers. This course will benefit all staff members who must deal with Head Start children in a classroom setting.

Objectives

- ✓ Make the most of the powerful complex link between social-emotional health and school readiness
- ✓ Infuse mental health services and supports
- ✓ Understand and implement successful integrated service systems
- ✓ Evaluate the effectiveness of current mental health services and support
- ✓ Learn the most about state and local programs
- ✓ Implement effective prevention and intervention strategies
- ✓ Encourage resilience in children and families

Outline

Understanding Mental Health of Child Development

- Linking services, strategies and systems
- Social Emotional foundations of school readiness
- Focusing on culture and context

Building systems of Care

- Systems approach to mental Health services
- Development the Work force
- Evaluating Outcomes
- Building Partnerships
- Looking at Programs
- Strategic Financing

Infusing Mental Health Promotion, Prevention and Intervention

- Infusing Mental Health Supports
- Promoting Social-Emotional Development
- Evidence-Based Practices
- Promoting Resilience