



HSU Course Outline

Family Partnership Agreements (3 ½ days)

IFPA3.5

3.5 Days

Description

This 3 ½ day course is designed for new and experienced family support staff. The course will help family workers support parents as they identify and meet their own goals, nurture the development of their children in the context of their family and culture, and advocate for communities that are supportive of children and families of all cultures. You learn to address family goal setting through the family partnership process, develop method of helping families access community services and resources, how to implement services to pregnant women, and procedures to ensure parent involvement across all areas of Head Start, including child development and education, health, nutrition, mental health education, community advocacy, transition practices and home visits.

Prerequisites

- Knowledge of Head Start
- Knowledge of family Assessment

Who Should Take This Course?

This course is designed for Family Workers, Health Workers, Education Workers, Parent Involvement Workers, Administrative Staff, Manager, Program Area Managers, Directors, Coordinators or anyone working in Head Start staff who are responsible for providing strategies for a supportive parent environment.

Objectives

- ✓ Learn how to partner with individual families
- ✓ Learn how to work with families to develop and implement family partnership agreements
- ✓ Learn how to help families understand and assess the impact of their life events
- ✓ Encourage a family's growth and development
- ✓ Understand how to develop and maintain a service tracking system of each family's progress
- ✓ Develop systems to ensure timely and accurate follow-up
- ✓ Understand and uphold their professional responsibilities including confidentiality
- ✓ Learn to become culturally aware and use cultural assessment tools that best meet a family's cultural needs
- ✓ Offer Families support based on their strengths, interests and needs
- ✓

Outline

Day 1

Head Start Requirement

- Understanding 1304.40
- Family Goal Setting
- Accessing Community Services
- Services to Pregnant Women
- Parent Involvement
- Education
- Health
- Community Advocacy
- Transition Activities
- Home Visits

HS Competency Goals and Indicators

- Head Start Competency Goals & Indicators
- Family Development Movement

Nurturing the Promise

What is Head Start Family Support?

- Family Support Principles
- Building Blocks to Family Support
- Applying the Principles of Family Support
- Staff-Family Partnerships

Skills for Working with HS Families

- Family/Staff Partnering
- Influences between Staff/Family
- Strategies needed to partner
- Demonstrating Supportive Behaviors
- Parent Behavior & Personality Styles
- Demonstrating Skills in Partnership Talk
- Joining a Family

Day 2

Family Assessments

- Strength Approach
- Types of Strengths
- Defining Family Strengths
- Reframing for Strengths
- Identifying Key Players

Assisting families in Crisis

- Identifying families in crisis

Responding to families in crisis

- Crisis intervention responses
- Crisis intervention skills
- Defusing a family crisis

Exploring Family Growth

- The Family Life Cycle

Day 3

Family Partnerships Agreements

- Visioning
- Creating the Family Picture

Achieving the Family Goals

- Setting SMART Strategies
- Setting Timetables
- Assigning Responsibilities

Practicing Professionalism

- Developing Professionalism
- Confidentiality
- Roles and Boundaries
- Mandated Reporting
- Record-Keeping

Day 4 (1/2 Day)

Cultural Diversity

- Anti-Bias, Culture and Diversity
- Understanding family diversity
- Cultural Sensitivity
- Cultural communication